

AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1 9:45 EXERCISES 10:30 MILKSHAKES</p>  <p>2PM BINGO</p> 	<p>2 9:45 EXERCISES 10:30 ONE ON ONE</p>  <p>2PM WALKING GROUP</p> 	<p>3 9:45 EXERCISES 10:30 MAKE-A-WORD</p>  <p>2PM BINGO</p> 
<p>4</p> 	<p>5 9:45 EXERCISES 10:30 DANNY THE PONY</p>  <p>2PM MOVIE</p> 	<p>6 9:45 EXERCISES 10:30 MUSIC THERAPY</p>  <p>2PM HOLY COMMUNION 2PM -WALKING GROUP</p> 	<p>7 9:00 HAIRDRESSERS 9:45 EXERCISES 12.00 CONCERT/LUNCH MARK AND MICHAEL</p>  <p>CUNNINGHAM</p>	<p>8 9:00 HAIRDRESSERS 9:45 EXERCISES 10:30 FOOD FORUM</p>  <p>2PM BINGO</p> 	<p>9 9:45 EXERCISES 10:30 PINK LADIES</p>  <p>2PM LINZY'S HOT CHOCOLATE RUN</p> 	<p>10 9:45 EXERCISES 10:30 OLIVER ON PIANO 10:30 MAKE-A-WORD</p>  <p>2PM BINGO</p> 
<p>11 INDIAN INDEPENDENCE DAY ON THURSDAY</p> 	<p>12 9:45 EXERCISES 10:30 MUSIC THERAPY</p>  <p>1:30PM EUKELELE</p>  <p>CUNNINGHAM</p>	<p>13 9:00 BEAUTICIAN 9:45 EXERCISES 10:30 WALKING GROUP</p>  <p>2PM HOLY COMMUNION 2PM FOLKART</p> 	<p>14 9:00 HAIRDRESSERS 9:45 EXERCISES 10:30 TEN PIN BOWLING</p>  <p>2PM HAPPY HOUR CUNNINGHAM</p> 	<p>15 9:00 HAIRDRESSER 9:45 EXERCISES 10:30 ONE ON ONE</p>  <p>INDIAN INDEPENDENCE DAY- PARVEEN & SANDEEP COOKING LUNCH 2PM BINGO</p> 	<p>16 9:45 EXERCISES 10:30 SCENIC BUS TOUR</p>  <p>2PM QUIZ</p> 	<p>17 9:45 EXERCISES 10:30 MAKE-A-WORD CUNNINGHAM</p>  <p>2PM BINGO</p> 
<p>18 HUNGARY NATIONAL DAY</p> 	<p>19 9:45 EXERCISE 10:30 WALKING GROUP</p>  <p>2PM MOVIE</p> 	<p>20 9:45 EXERCISES 10:30 MUSIC THERAPY</p>  <p>2PM HOLY COMMUNION 2PM CONCERT – PETE & GIL PIANO LOUNGE</p>	<p>21 9:00 HAIRDRESSER 9:45 EXERCISES 11:30 BUS TRIP WEST ILLAWARRA CLUB LUNCH</p>  <p>1:45PM ANGLICAN CHURCH SERVICE</p>	<p>22 9:45 EXERCISES 10:30 WALKING GROUP</p>  <p>2PM BINGO</p> 	<p>23 9:45 EXERCISES 10:30 ONE ON ONE</p>  <p>2PM DUTCH CHOIR</p> 	<p>24 9:45 EXERCISES 10:30 MAKE-A-WORD CUNNINGHAM</p>  <p>2PM BINGO</p> 
<p>25</p> 	<p>26 9:45 EXERCISES 10:30 WALKING GROUP</p>  <p>2PM MOVIE</p> 	<p>27 9:00 BEAUTICIAN 9:45 EXERCISES 10:30 MUSIC THERAPY 2PM HAPPY HOUR</p> 	<p>28 9:45 EXERCISES 10:30 RESIDENT MEETING MITCHELL 1:45PM ANGLICAN CHURCH SERVICE</p> 	<p>29 9:45 EXERCISES</p> <p>10:30 ONE ON ONE</p> 	<p>30</p> 	<p>31</p> 